

PRACTICE IMPROVEMENT STEERING COMMITTEE

July 11, 2013 Meeting
Michigan Association of CMH Boards Building
426 South Walnut Street, Lansing 48933
Minutes

Attendees on Site

Morgan Aue (MDCH)
Crystal Carrothers (MDCH)
Karen Cashen (MDCH)
Phil Cave (Genesee)
Sheri Falvay (MDCH)
Colleen Jasper (MDCH)
Mark Lowis (MDCH)
Deb Miller (Central MI)
Alyson Rush (MDCH)
Mike Vizona (MACMHB)
Jeff Wieferich (MDCH)
Steve Wiland (EMU)

Attendees by Phone

Risa Coleman (Detroit-Wayne)
Sheila Hibbs (Kalamazoo)
Darren Lubbers (Ottawa)
Julie McCullough (Saginaw)
Crystal Palmer (Detroit-Wayne)
Mary Ruffolo (University of Michigan)
Tom Seilheimer (Thumb Alliance)
Josh Snyder (Northwest MI)

I. Welcome and Introductions

All were welcomed and everyone introduced themselves.

II. Review/approval of 01/10/13 Minutes

The recorder was Crystal Carrothers. Jeff motioned to accept and the minutes were approved.

III. Agenda

The autism benefit update and presentation on Brief Strategic Family Therapy were added to the agenda.

IV. Administration Updates – Liz Knisely

Liz was not available to give an update.

V. Focus on Innovation /Advancement

- Common Elements project update and beta-tester recruitment – *Mary Ruffolo*
 - The beta-testing recruitment is now finished and they will be following up with the recruits. The hope is to have all the feedback in by the end of August and then make revisions.
- <http://improvingMIpractices.org> (IMP) updates – *Alyson Rush*
 - The ACT for Physicians and Nurse Practitioners class is available. There will be more filming for FPE this month to include in day 1 of the 3-day FPE training. Modules 1-5 for motivational interviewing are finished, but modules 6-15 are currently being revised. The 3 DDDs (Depression, Dementia, and Delirium) course is currently being developed to be in the

Older Adults section open to everyone. There are two trauma learning modules on the five principles of trauma-informed care and self-assessment that are currently being developed by Community Connections that should be done by August 31st.

- Steve suggested a pre-test and post-test to demonstrate value-added for some courses.
- The state listservs (MIMIT, DBT, FPE, and COD) will be transferred to a forum in the website.
- There is a discussion forum in every “course” that is available for participants to give feedback.
- The front page of the website is being redesigned to look more colorful and user-friendly.

VI. Autism Benefit Update

- Morgan Aue is the training coordinator that gave an update on the autism benefit. It went into effect on April 1st. 164 kids ages 18 months – 6 years have been enrolled and they expect around 700 for the year. There are many trainings and conferences at the end of the month as well as monthly webinars that are held. They are working on performance measures and will have the data within the next couple months to update on for next meeting.

VII. Updates on MACMHB-associated trainings/conferences & Integrated Health Learning Community

- MDCH is working with MACMHB to provide training and TA coaching on integrated healthcare. The next Integrated Health Learning Community (IHLC) meeting is on August 15th at the Lansing Center. There are also monthly integrated health webinars with topics determined by need.
- Mark discussed some of the problems that came about with the COD conference, but other than that there was good feedback. The COD conference will be combined with the substance abuse conference next year.
- MACMHB is currently reviewing workshop proposals for the next conference. Mike discussed some presenters and plenary speakers that they hope to be there.

VIII. Brief Strategic Family Therapy (BSFT) – Deb Miller

- Deb Miller, a certified BSFT supervisor, did a presentation on “Engaging the Whole Family in Lasting Change: Implementation of Brief Strategic Family Therapy.” The PowerPoint slides are posted on the IMP website.

IX. Discussion/updates on EBP Development & Implementation

- Updates (as indicated) from existing PISC Subcommittees/workgroups

Measurement – Kathy Haines

- Kathy was not available to give an update.

Person Centered Planning – Mark Lowis

- About 7 people met for the PCP subcommittee. Mark discussed the handout that included MDCH and MiFAST site visit data in graphs and a summary about what the scores are, what they mean, and what should be focused on.
- For the past 3 years BSAS and MDCH has been providing training on writing “Recovery-Oriented, Strength-based, Stage-matched Treatment Plans” from the person centered planning process. This need for this training became apparent due to the wide degree of variance in treatment plan writing as influenced by a number of factors that include Audits (state, accreditation, licensing), variances in the way different trainers teach the planning process, the lack of coordination between the person centered planning process and what ends up in the written plan, the lack of inter-rater reliability between staff who review and direct staff on plan writing, etc. This training has been the most requested training over the past couple of years across providers. The current training will be developed for the improving practices web-site in the near future.

Statewide Motivational Interviewing Initiative – Mark Lowis

- Over 500 staff have been trained on MI in the 3rd quarter. About 700 have had some type of MI training since the beginning of the fiscal year. They are trying to make the trainers available at every program at every level of care.
- For FY2014 the plan will be to use the MIMIT cadre to assist agencies in increasing and sustaining their motivational interviewing skills through a process that begins with an ascertainment of site-specific competency using the Video Assessment of Simulated Encounters – Revised (VASE-R). Staff development and training activities will be focused on areas that are indicated by the VASE-R as in need of support.
- The overall focus of MI for FY2014 will be the supervisors of contact level staff. MIMIT will train them on an easy to use tool tested for validity and reliability, for rating and providing feedback/coaching to staff for the purpose of increasing and sustaining their motivational interviewing skills.

CoCal – Mark Lowis

- DDCAT: Mark discussed the training process that was provided in the handout.
- DDCMHT: A work plan format was developed and distributed for reporting on site visit outcomes that teams can use to guide further implementation/improvement activities. 7 DDCMHT TA visits were conducted in the 3rd quarter.
- IDDT (ITCOD): 11 IDDT TA visits were conducted through 3rd quarter. The IDDT toolkit has been updated by SAMHSA and is now titled; “Integrated Treatment for Co-occurring Disorders”. We will still refer to it as IDDT although you may hear folks use the mnemonic ITCOD given the title of the updated toolkit.

Supported Employment – Amy Miller

- Amy was not available to give an update.

Trauma Subcommittee – Colleen Jasper

- Colleen discussed a letter going to the CMHSPS directors and clinical directors about the Trauma Recovery and Empowerment Model (TREM) training for women and M-TREM for men. They are fully manualized group interventions for both men and women who are trauma survivors. The current version of TREM is 29 sessions long while M-TREM is 24 sessions. These training will be provided by Lori Beyer of Community Connections in Gaylord on August 21, 22, 23 and in Lansing on August 26, 27, 28. Because there are a limited number of slots, the CMHSPs/CAs that do not have trained TREM and M-TREM staff are a priority. The clinicians and clinical supervisors will be expected to participate in the 3-day training and in the one-hour monthly coaching coals. Clinicians are also expected to conduct two TREM or M-TREM groups in the year following the training.
- Seeking Safety is another manualized Trauma Specific Treatment for persons with co-morbid mental health, substance use disorders, and trauma. It is still available and trainings are expected to occur as needed. Some Seeking Safety Manuals are available.
- Mark provided the 2004 compilation of Trauma Specific approaches. This compilation was developed to provide the field with a guide to trauma specific treatments for various issues (physical abuse, child abuse, sexual abuse, etc.). There are obvious common elements in across them and it is likely that they can guide programs who wish to provide a trauma specific service or treatment program.

PMTO – Luann Gray

- Luann was not available to give an update.

Assertive Community Treatment (ACT) – Alyson Rush

- No changes.

Family Psychoeducation (FPE) – Alyson Rush

- Phil discussed the Spring training and stated that it was successful. He also went into more detail about the FPE filming that will be happening on July 25th for the 1st day of training that will be on the IMP website.

DBT Subcommittee

- Phil updated the committee on the conference call that Mark coordinated involving individuals self-selected as interested in being part of the DBT credentialing workgroup. There were 3 issues on how to engage in the process of certifying individuals as a competent practitioner in DBT. The issues and discussion are posted on the IMP website.
- Mark will circulate another doodle poll for a date for the next conference call.
- Mark discussed the 6-month competency review of the DBT program at Hiawatha Behavioral Health as well as the scoring data on the DBT Practice Knowledge exams.

- The subcommittee is developing a structure to use as a fidelity index for a successful consultation process.

X. Revisioning Behavioral Healthcare Competencies – *Steve Wiland*

- Steve discussed his handout that included a pyramid showing a priority-ordered approach to workforce competencies. The workforce should first be well steeped in recovery philosophy, then want good engagement and motivational interviewing skills, then want cross-cutting core intervention skills, and then advanced skills. EMU is working on face to face training and developing online modules for each of the layers on the training menu. They want to partner with Detroit-Wayne's Virtual Center of Excellence and IMP to make them available to as much of the workforce as possible.

XI. Adjourn

The meeting was adjourned at 11:32 p.m.

Next PISC meeting: October 10, 2013; 9:00am – Noon
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426 South Walnut Street, Lansing, 48933